



## AFL Sydney Independent Girls Competition - Quick Reference Guide



Rule	Year 3/4	Year 5/6	Year 7/8	Year 9/10	Opens
<b>Playing Field (Min-Max)</b>	50-80 (L) x 30-50 (W)	60-90 (L) x 50-70 (W)	90-120 (L) x 75-95 (W)	Full Field	Full Field
<b>Ball Size</b>	Size 2 - Syn/Leather	Size 3 Syn/Leather	Size 3 - Leather	Size 4 - Leather	Size 4 - Leather
<b>Player Allocation</b>	Min - 7 Max - 9	Min - 9 Max - 12	Min - 9 Max - 12	Min - 12 Max - 14	Opens Div 1 Min - 14 Opens Div 2-4 Min - 12 Max - 16
	Bench - Unlimited	Bench - Unlimited	Bench - Unlimited	Bench - Unlimited	Bench - Unlimited
<b>Playing Times</b>	3 x 13 Mins Thirds 5/5 intervals	4 x 10 Min Quarters 4/5/4 Intervals	4 x 10 Min Quarters 4/5/4 Intervals	4 x 10 Min Quarters 4/5/4 Intervals	4 x 10 Min Quarters 4/5/4 Intervals
<b>Smothering, Sheparding, Barging and Fending</b>	X	X	✓	✓	✓
<b>Tackling</b>	Modified Tackle		As per the laws of the game		
<b>Zones</b>	3 Zones - FWD - MID - BCK	As per the laws of the game			
	Only Forwards are permitted to score				
<b>Starting and Restarting Play</b>	No Full possession allowed from ruck As per match policy	No Full possession allowed from ruck As per match policy	As per the laws of the game		
<b>Out of Bounds</b>	Last Kick - Ball given to nearest opponent		Boundary Throw In/Ball Up 10m from Boundary - As per the laws of the game		
	Off hands or body - Ball up 5m from Boundary				
<b>Marking (Distance)</b>	Any Distance	10m	10m	15m	15m
<b>Run and Bounce</b>	10m & 1 Bounce	15m & 2 Bounces	As per the laws of the game		
<b>Distance Penalties</b>	10m	25m	50m - As per laws of the game		
<b>Kicking off the ground</b>	X Unless accidental	X Unless accidental	As per the laws of the game		
<b>Deliberate out of bounds / Rushed Behind</b>	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied
<b>Playing On &amp; Advantage</b>	X	✓	✓	✓	✓
<b># of Umpires - Field</b>	1	1	1 or 2	2	2
<b>Boundary</b>	N/A	N/A	N/A	School to Supply	School to Supply
<b>Goal</b>	School to Supply	School to Supply	School to Supply	School to Supply	School to Supply
<b>Officials allowed (Max.6)</b>	Coach*, Ass. Coach Manager, Runner	Coach, Ass. Coach Manager, Runner	Coach, Ass. Coach Manager, Runner	Coach, Ass. Coach Manager, Runner	Coach, Ass. Coach Manager, Runner
<b>*allowed on Field</b>	2 x Water carrier	2 x Water carrier	2 x Water carrier	2 x Water carrier	2 x Water carrier